



Sailing at Clarks Beach

LEARN TO LEAN

Learn to Sail 2013-14

Introduction Evening 29th November 7:30pm @ CBYC Clubhouse

Sailing is a great way to build independence and self reliance for your child, and it's a terrific activity that you can do together.

Clarks Beach offers a sailing education pathway for children aged 9+ in Optimist class boats and we actively encourage parental involvement.

All our courses utilize the Yachting New Zealand developed program and are run by volunteer club members who have been trained and assessed to meet the Yachting New Zealand Learn to Sail Coach (Dinghy) programme.

What will the course be like?

Well most definitely, fun! If the weather is good you will usually begin by rigging the boats. You then get changed and have a classroom briefing before heading out, some in dinghies with an instructor to start with, and some on the safety boat. We are of course at the mercy of the weather. We try to spend as much time on the water as possible but there will be periods of classroom type work.

Course Outline:

- **Level 1 - Start...Sailing! or Learn to Lean**
This year's **Start...Sailing!** Run over the season on Sundays with a full weekend at the end of the Xmas school holidays ensures plenty of on the water time and weather permitting all participants will achieve Level 1 - Start...Sailing! Award.

As part of the course they will be expected to swim (by any means) at least 50 metres, dressed for sailing and with a buoyancy vest on. They will also learn to capsize and right a boat in deep water.

Course Content includes | Safety first | Getting to know your boat | Capsizing | Getting your boat in & out of water | Tacking | Gybing | Points of sail | Rules and Meanings.

Other Club Activities

Participants and families are encouraged to join in with club activities, we hold regular family shared dinner evenings as well as the highlight of the season is our annual Club Camp with adults and children sailing to the Awhitu regional park for the night and sailing back to the clubhouse the next day.

Parental Involvement

We expect the active involvement of a parent or caregiver with every child and we will coordinate a roster over the course to ensure we have sufficient support from parents with safety boats and club house duties.



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What gear do I need?

On Water Gear

- Wetsuit if you have one
- Warm clothes / thermals
- Sun hat / cap and sunscreen
- Sailing jacket or parka
- Wetsuit type shoes



How Much?

Course cost is \$200.00

This includes

- ✓ Clarks Beach Yacht Club Junior membership for 1 season.
- ✓ Use of club supplied plastic Optimist Boats during course and further coaching days.
- ✓ Use of club supplied Life Jackets
- ✓ Yachting New Zealand Learn to Sail log book.

Need to know more?

Please feel free to contact our learn to sail coordinator if you have any questions or concerns.

Neil Robinson

Phone: (09) 23 21400 or 021 616691

Email: reception@clarksbeachyachtclub.org.nz

Or please feel free to come along to a club sailing day (ideally at least 60 minutes before the race starts) and ask at the club house– the helpers there will introduce you to our committee members who will be able to help with any questions you may have.

A picture tells a thousand words! - Previous course photos



Clarks Beach Yacht Club – End of Torkar Rd, Clarks Beach
www.clarksbeachyachtclub.org.nz
reception@clarksbeachyachtclub.org.nz



Sailing at Clarks Beach

Junior Learn to Sail Application Form

Parent/Guardian			
Child Name		Child Age	
Address			
Phone Home		Phone Mobile	
Email			
Emergency Contact		Contact Phone	

Should we be aware of any Medical or Confidence Issues?

Please list the name/s, medical condition and action to be taken if required or any confidence concerns

Declaration by Parent/Guardian

1. My child can swim 50 meters wearing a buoyancy aid
2. My child will wear a buoyancy aid at all times when on the water.
3. I understand that the Clarks Beach Yacht Club Inc. does not accept any liability for personal injury or damage or loss of property as a result of my child taking part in this course
4. Photographs taken of me or my children during the Sailing Season may be used for club publicity and Marketing.
5. The Club may contact me/us by email during the Sailing Season.
6. My/our information can be passed onto another member of the Sailing Club (the club database as a whole will never be shared or passed on).
7. I/My child/family agree to abide by the rules of the club.

Name	Signature
/ /	\$
Date	Amount Paid

Payment is accepted by direct crediting the following Clarks Beach Yacht Club bank account:
BNZ Pukekohe 020404 0006150 00 Please reference: your surname and word 'L2S'
Application form to be returned to Clarks Beach Yacht Club C/-81 Stevenson Rd, Clarks Beach 2122,
Or scanned and emailed to reception@clarksbeachyachtclub.org.nz